

# Bisphenol F (BPF)

*Bisphenol (bis-fee-nohl)*

*Tested in: Urine*

*Results not reported*

## Learn how you can protect yourself and your family.



### Will exposure to bisphenol F harm my health?

Exposure to bisphenol F may harm your

- reproductive system



### Are there ways I could limit my exposure to bisphenol F?

- Follow all safety precautions if you work with bisphenol F.
- Bisphenol F collects in dust, so wash your hands regularly.
- When possible, use glass, porcelain, or stainless steel to store food and drinks.
- Do not microwave polycarbonate plastic food containers.
- Reduce the amount of canned foods you eat.



### What is bisphenol F?

Bisphenol F is a chemical that was developed to be used in place of bisphenol A (BPA). However, scientists are concerned that BPF may cause health issues like BPA. BPF is used to make polycarbonate plastics, such as food and drink containers. It has been used in building materials like water pipes, flooring, grout, and varnishes. It has also been added to some personal care products, such as body wash, lotions, hair care products, and cosmetics. BPF epoxy resins are used in some food can linings and dental sealants.

### Where can I find more information?

- <https://ehp.niehs.nih.gov/doi/10.1289/ehp.1408989>
- <https://pubchem.ncbi.nlm.nih.gov/compound/12111>